

# *Asthma*

# ACCEPTING MEDICATION FROM PARENTS – FAQ'S

- Prescribed medications required to be given during school hours will be accepted.
- Over-the-Counter (OTC) medications will be accepted and administered for temporary medical conditions for a period no longer than 5 calendar days, and cannot be renewed beyond 5 days without a healthcare provider's written authorization.
- All medications must be transported to and from school by a parent, legal guardian, or designated adult.
- Before assisting any student with medication, a Medication Permission Form must be completed and signed by a parent or legal guardian.
- A separate Medication Permission Form must be completed for each medication, and is valid for the current school year in which it is completed (prescription medications only).
- All medications must be in the original container or packaging, and must contain labeled dosing instructions.
- Medication and doses of medication must be age-appropriate. Some non-prescription medications are not recommended for children. Check the box/bottle for this information.
- Before leaving medications at school, all medications must be counted, verified and documented by the parent / guardian and staff member on the Medication Log.
- Medications containing aspirin (Excedrin, Goody Powder, etc.) will not be accepted without a physician's written order, due to the association with Reye Syndrome.
- Only FDA-approved medications will be accepted. No vitamins, nutritional supplements, etc.
- Parents / Guardians may not change the dose or time of administration of any prescription medication. A physician's written order or new prescription bottle reflecting the change is required.
- Completed Medication Permission Forms must match the prescription or OTC dosing instructions.
- Students who carry medications allowed by Florida Statutes must have a completed Medication Permission Form and a written order from the physician to carry the medication on file in the school clinic.

**Individualized Student Asthma Action Plan for the 20\_\_ - 20\_\_ School Year**

Student Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Grade: \_\_\_\_\_

Allergies: \_\_\_\_\_ Medications: \_\_\_\_\_

School: \_\_\_\_\_ HR Teacher: \_\_\_\_\_

**The following is to be completed by the PHYSICIAN:**

CLASSIFICATION OF CONTROL	TRIGGERS
<input type="checkbox"/> Well Controlled <input type="checkbox"/> Not Well Controlled <input type="checkbox"/> Very Poorly Controlled	<input type="checkbox"/> Colds <input type="checkbox"/> smoke <input type="checkbox"/> Tobacco <input type="checkbox"/> Exercise <input type="checkbox"/> Dust <input type="checkbox"/> Pesticides <input type="checkbox"/> Weather <input type="checkbox"/> Air Pollution <input type="checkbox"/> Animals <input type="checkbox"/> Birds <input type="checkbox"/> Mold <input type="checkbox"/> Cleansers <input type="checkbox"/> Perfume/strong odors <input type="checkbox"/> Cockroaches <input type="checkbox"/> Other: _____



**Is Medication Needed For This Student Prior To Exercise?**  
 15 Minutes before exercise, please give the following:

MED NAME	DOSAGE OR NUMBER OF PUFFS	HOW OFTEN

**STEP # 1 Cough, Wheezing, Chest Tightness, or Some Problems Breathing**

*Please give the following & inform parent/guardian:*

MED NAME	DOSAGE OR NUMBER OF PUFFS	HOW OFTEN

**STEP # 2 If Worse (Symptoms Not Improving)**

*Please give the following & inform parent/guardian if it has been at least \_\_\_\_\_ since last dose:*

MED NAME	DOSAGE OR NUMBER OF PUFFS	HOW OFTEN

**STEP # 3 Severe Symptoms** (Severe Difficulty Breathing • Trouble Walking or Talking Due to Asthma Symptoms • Quick Relief Medicine Has Not Helped • Lips or Fingernails Blue or Gray)

**Activate Emergency Plan:**

- 1. Call for 911 for an ambulance AND**
- 2. Contact the parent / guardian AND**

*Give the following **Now** if it has been at least \_\_\_\_\_ since last dose:*

MED NAME	DOSAGE OR NUMBER OF PUFFS	HOW OFTEN

_____ Physician Signature	_____ Physician Name	_____ Phone Number	_____ Date
_____ Parent Signature	_____ Parent Name	_____ Phone Number	_____ Date

IHP

## AUTHORIZATION FOR MEDICATION OR TREATMENT

(Use one form for each medication. This permission form is valid for the current school year only.)

I hereby certify that it is necessary for my child, \_\_\_\_\_ (first/last name)/ \_\_\_\_\_ (date of birth), to be given the medication or treatment listed below during the school day, including when s/he is away from school property on official school business. I hereby authorize the School Board of Leon County, Florida (LCSB), and Florida Department of Health in Leon County (DOHLC) and their officers, employees, contractors and agents to assist my child with medication administration and/or to supervise my child's self-administration of medication(s) as directed by his/her prescribing physician(s). I acknowledge and agree that non-health professionals, trained in medication administration, may assist my child with medication administration.

This form must be signed for all the following: medicines given by mouth, inhaled, by nebulizer, on skin, patch, injection, etc. **Only FDA-approved prescribed and over-the-counter medicines will be accepted.**

Name of medication: \_\_\_\_\_

Reason for medication (diagnosis): \_\_\_\_\_

Dosage to be given: \_\_\_\_\_ Route (mouth, injection, etc.): \_\_\_\_\_

Time(s) of administration: \_\_\_\_\_ Allergies: \_\_\_\_\_

Beginning date: \_\_\_\_\_ Ending Date: \_\_\_\_\_ Amount of liquid or count of pills: \_\_\_\_\_

### Emergency telephone numbers:

Parent/Guardian: \_\_\_\_\_ H: \_\_\_\_\_ C: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ H: \_\_\_\_\_ C: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Doctor's Phone Number: \_\_\_\_\_

Prescription and over-the-counter medications/treatments shall come in original, labeled containers. Changes in medication times or dosage can only be made by written prescription from the physician, which may be faxed/scanned to school health personnel. Over-the-counter drugs/treatments shall **only** be administered up to **five calendar days** without a signed a licensed prescriber statement. A licensed prescriber must provide signed authorization for a student to self-carry or self-administer medications/treatments allowed by statute 1002.20 and LCSB policy (**see back of form**).

Parents are responsible for safe delivery of medication to the school (students may not transport medication unless authorized to self-carry emergency medications) and for picking up any leftover medication within ONE WEEK after the ending date. Medication left after this time will be discarded according to LCSB policy.

I hereby consent for the Leon County School District to disclose protected health information, as needed, to provide health services to my child. I understand this health information may be shared with the health care provider listed above, and I hereby authorize the exchange of this information. I also give permission for the information on this form to be utilized by the staff of this school and any school health personnel providing school health services in the district for the limited purpose of meeting my child's health and educational needs.

I hereby release, indemnify, and hold harmless LCSB, DOHLC and any of their officers, employees, contractors and agents any and all lawsuits, claims, demands, expenses, and actions against them associated with their activities assisting my child with medication administration and/or supervising my child's self-administration of medication(s), provided they follow the physician's orders on record. I also hereby agree to indemnify and hold LCSB, DOHLC and their officers, employees, contractors and agents harmless from any and all lawsuits, claims, demands, expenses, and actions against them arising from harm to any person caused by my child's actions with regards to a self-carried medication.

Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



**Rick Scott**  
Governor

**Celeste Philip, MD, MPH**  
State Surgeon General

**Vision:** To be the Healthiest State in the Nation

**Florida Department of Health in Leon County**  
**CONSENT FOR SHARING OF PROTECTED HEALTH INFORMATION**

School Year \_\_\_\_\_

Student's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

School: \_\_\_\_\_

I hereby consent to health information being shared to carry out treatment or clarify medical orders in order to keep my child safe while at school. I understand that Registered Nurses from the Florida Department of Health in Leon County, School Health Division, may be giving and receiving information pertaining to the management of my child's medical condition with the following organizations:

**(Please check *and* initial all that apply)**

- \_\_\_  Leon County School District
- \_\_\_  Tallahassee Memorial Hospital Diabetes Center
- \_\_\_  Children's Medical Services  
(Name of case manager: \_\_\_\_\_)
- \_\_\_  Florida Department of Health in Leon County (Health Department)
- \_\_\_  Tallahassee Pediatric Foundation
  
- \_\_\_  Primary Physician \_\_\_\_\_  
(Please fill in Physician name)
- \_\_\_  Specialist Physician \_\_\_\_\_  
(Please fill in Physician name)

I may request a notice of the complete description of such uses and disclosures prior to signing this consent.

I understand that I have the right to revoke this consent in writing.

\_\_\_\_\_

Signature Date

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**Florida Department of Health**  
**In LEON COUNTY- School Health**  
2965 Municipal Way • Tallahassee, FL 32304  
PHONE: 850/606-8183 • FAX: 850/487-7954

